



11. Walking Day am Mönnesee

Mönnesee-Körbecke / 04.06.2016

Detailed evaluation

Gamon, Birgit

Club: NW Werl

Number: 12528

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:35:07

Speed: 7.57 km/h

metres in height up: 218

Course score: 15.27

performance score: 116 Points