



# 11. Walking Day am Mönnesee

Mönnesee-Körbecke / 04.06.2016

## Detailed evaluation

Kantimm, Karina

Club: WT Soest  
Number: 12546

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:38:51

Speed: 7.28 km/h

metres in height up: 218  
Course score: 15.27

performance score: 111 Points