



11. Walking Day am Möhnensee
Möhnensee-Körbecke / 04.06.2016

Detailed evaluation

Heinen, Ute

Club: Lauffreunde HADI Wesel
Number: 12505

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:38:50

Speed: 7.28 km/h

metres in height up: 218

Course score: 15.27

performance score: 111 Points