



11. Walking Day am Mönnesee  
Mönnesee-Körbecke / 04.06.2016

Detailed evaluation

Arnold, Frank

Club: Herr

Number: 16004

Course: 16.60 km

Sparda-Bank-Lauf (Walking)

Total time: 1:57:58

Speed: 8.14 km/h

metres in height up: 262

Course score: 19.93

performance score: 173 Points