



11. Walking Day am Mönnesee

Mönnesee-Körbecke / 04.06.2016

Detailed evaluation

Tecklenborg, Silke

Club: LiVe - Lauffreife in Versmold
Number: 12516

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:49:24

Speed: 6.58 km/h

metres in height up: 218

Course score: 15.27

performance score: 100 Points