



# 11. Walking Day am Möhnensee

Möhnensee-Körbecke / 04.06.2016

## Detailed evaluation

Lüningmeier, Conny

Club: SV Herbern Laufftreff  
Number: 16505

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:05:12

Speed: 7.67 km/h

metres in height up: 262  
Course score: 19.93

performance score: 163 Points