



11. Walking Day am Mönnesee

Mönnesee-Körbecke / 04.06.2016

Detailed evaluation

Riecke, Volker

Club: Tus Neuenrade/Fit on Feet
Number: 12511

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:56:24

Speed: 6.19 km/h

metres in height up: 218
Course score: 15.27

performance score: 95 Points