



11. Walking Day am Mönnesee
Mönnesee-Körbecke / 04.06.2016

Detailed evaluation

Rüßmann, Alfred

Club: BSG DSW21/DEW21

Number: 16013

Course: 16.60 km

Sparda-Bank-Lauf (Walking)

Total time: 2:24:55

Speed: 6.87 km/h

metres in height up: 262

Course score: 19.93

performance score: 141 Points