



# 11. Walking Day am Mönnesee

Mönnesee-Körbecke / 04.06.2016

## Detailed evaluation

Matz, Joachim

Club: CVJM

Number: 12508

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 2:13:03

Speed: 5.41 km/h

metres in height up: 218

Course score: 15.27

performance score: 83 Points