



11. Walking Day am Mönnesee
Mönnesee-Körbecke / 04.06.2016

Detailed evaluation

van Bergerem, Susanne

Club: Nordic Walking Hobbygruppe Ahlen
Number: 5519

Course: 4.60 km

FAVORIT-Massivhaus-Lauf (Nordic Walking)

Total time: 33:15

Speed: 7.22 km/h

metres in height up: 42

Course score: 4.63

performance score: 43 Points