



11. Walking Day am Möhnensee

Möhnensee-Körbecke / 04.06.2016

Detailed evaluation

Gommen, Bernd

Club: Nordic Walking Hobbygruppe Ahlen
Number: 5506

Course: 4.60 km

FAVORIT-Massivhaus-Lauf (Nordic Walking)

Total time: 33:43

Speed: 7.12 km/h

metres in height up: 42

Course score: 4.63

performance score: 43 Points