



# 11. Walking Day am Mönnesee

Mönnesee-Körbecke / 04.06.2016

## Detailed evaluation

**Gommen-Rechau, Gaby**

Club: Nordic Walking Hobbygruppe Ahlen  
Number: 5507

Course: 4.60 km

FAVORIT-Massivhaus-Lauf (Nordic Walking)

Total time: 38:49

Speed: 6.18 km/h

metres in height up: 42

Course score: 4.63

performance score: 37 Points