



11. Walking Day am Mönnesee

Mönnesee-Körbecke / 04.06.2016

Detailed evaluation

Heinze, Ralf

Club: Sickingmühler SV

Number: 12553

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:28:33

Speed: 8.13 km/h

metres in height up: 218

Course score: 15.27

performance score: 124 Points