



1.Lauf - Winterlaufserie 2016 des Eisenacher LV
Creuzburg / 31.01.2016

Detailed evaluation

Rikirsch, Roland

Club: SV Blau Weiß 90 Creuzburg
Number: 402

Course: 11.30 km
Langdistanz

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:01:08

Speed: 10.80 km/h
Running performance: 5:25 min/km

Rank in course/Total: 55 (of 69)

Rank in course/Men: 45 (of 52)

Best time in course: 35:32

Rank in category: 1(of 1)

Best time in the category: 1:01:08