



1.Lauf - Winterlaufserie 2016 des Eisenacher LV  
Creuzburg / 31.01.2016

Detailed evaluation

Urban, Rene

Club: Kummer Radsport  
Number: 389

Course: 11.30 km  
Langdistanz

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:06:56

Speed: 9.86 km/h  
Running performance: 5:55 min/km

Rank in course/Total: 64 (of 69)

Rank in course/Men: 50 (of 52)

Best time in course: 35:32

Rank in category: 7(of 7)

Best time in the category: 44:17