



1.Lauf - Winterlaufserie 2016 des Eisenacher LV
Creuzburg / 31.01.2016

Detailed evaluation

Matthes, Jan

Club: Lauffreife Breitung
Number: 399

Course: 11.30 km
Langdistanz

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:07:16

Speed: 9.81 km/h
Running performance: 5:57 min/km

Rank in course/Total: 65 (of 69)

Rank in course/Men: 51 (of 52)

Best time in course: 35:32

Rank in category: 9(of 9)

Best time in the category: 46:07