



1.Lauf - Winterlaufserie 2016 des Eisenacher LV  
Creuzburg / 31.01.2016

Detailed evaluation

Winges, Ulrike

Club: Viba-Anschütz-team  
Number: 436

Course: 11.30 km  
Langdistanz

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:08:05

Speed: 9.69 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 67 (of 69)  
Rank in course/Women: 16 (of 17)  
Best time in course: 46:13

Rank in category: 5(of 5)  
Best time in the category: 57:21