



1.Lauf - Winterlaufserie 2016 des Eisenacher LV  
Creuzburg / 31.01.2016

Detailed evaluation

Schlieffe, Sibylle

Club: SV Mihla  
Number: 264

Course: 5.50 km  
Kurzdistanz

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 28:55

Speed: 10.37 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 26 (of 49)  
Rank in course/Women: 4 (of 14)  
Best time in course: 27:19

Rank in category: 1(of 1)  
Best time in the category: 28:55