



1.Lauf - Winterlaufserie 2016 des Eisenacher LV  
Creuzburg / 31.01.2016

Detailed evaluation

Lorenz, Antje

Club: GutsMuths-Rennsteiglaufverein  
Number: 245

Course: 5.50 km  
Kurzdistanz

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 28:56

Speed: 10.37 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 27 (of 49)  
Rank in course/Women: 5 (of 14)  
Best time in course: 27:19

Rank in category: 1(of 2)  
Best time in the category: 28:56