



1.Lauf - Winterlaufserie 2016 des Eisenacher LV  
Creuzburg / 31.01.2016

Detailed evaluation

Gössel, Tino

Club: WSC 07 Ruhla  
Number: 267

Course: 5.50 km  
Kurzdistanz

Category:  
Senioren M45 (45-49 Jahre)

Total time: 31:02

Speed: 9.67 km/h  
Running performance: 5:38 min/km

Rank in course/Total: 37 (of 49)

Rank in course/Men: 26 (of 35)

Best time in course: 20:26

Rank in category: 5(of 5)

Best time in the category: 20:26