



1.Lauf - Winterlaufserie 2016 des Eisenacher LV  
Creuzburg / 31.01.2016

Detailed evaluation

Helbig, Hans-Peter

Club: Hörselberg-Hainich  
Number: 237

Course: 5.50 km  
Kurzdistanz

Category:  
Senioren M70 (70-74 Jahre)

Total time: 37:05

Speed: 8.09 km/h  
Running performance: 6:44 min/km

Rank in course/Total: 46 (of 49)

Rank in course/Men: 32 (of 35)

Best time in course: 20:26

Rank in category: 4(of 5)

Best time in the category: 28:38