



1.Lauf - Winterlaufserie 2016 des Eisenacher LV
Creuzburg / 31.01.2016

Detailed evaluation

Siemon, Thomas

Club: SV Blau-Weiss 90 Creuzburg
Number: 391

Course: 11.30 km
Langdistanz

Category:
Senioren M50 (50-54 Jahre)

Total time: 46:07

Speed: 14.31 km/h
Running performance: 4:05 min/km

Rank in course/Total: 11 (of 69)

Rank in course/Men: 11 (of 52)

Best time in course: 35:32

Rank in category: 1(of 9)

Best time in the category: 46:07