



1.Lauf - Winterlaufserie 2016 des Eisenacher LV
Creuzburg / 31.01.2016

Detailed evaluation

Walch, Fredy

Club: Rhöner WSV
Number: 253

Course: 5.50 km
Kurzdistanz

Category:
Senioren M50 (50-54 Jahre)

Total time: 21:59

Speed: 13.65 km/h
Running performance: 4:00 min/km

Rank in course/Total: 6 (of 49)

Rank in course/Men: 6 (of 35)

Best time in course: 20:26

Rank in category: 1(of 3)

Best time in the category: 21:59