



1.Lauf - Winterlaufserie 2016 des Eisenacher LV  
Creuzburg / 31.01.2016

Detailed evaluation

Grosser, Torsten

Club: Ethik Bank  
Number: 417

Course: 11.30 km  
Langdistanz

Category:  
Senioren M45 (45-49 Jahre)

Total time: 48:50

Speed: 13.52 km/h  
Running performance: 4:19 min/km

Rank in course/Total: 18 (of 69)

Rank in course/Men: 17 (of 52)

Best time in course: 35:32

Rank in category: 2(of 7)

Best time in the category: 46:48