



1.Lauf - Winterlaufserie 2016 des Eisenacher LV  
Creuzburg / 31.01.2016

Detailed evaluation

**Boller, Frank**

Club: RTV Haselgrund e.V./Team Erdinger  
Number: 368

Course: 11.30 km  
Langdistanz

Category:  
Senioren M50 (50-54 Jahre)

Total time: 49:00

Speed: 13.47 km/h  
Running performance: 4:20 min/km

Rank in course/Total: 19 (of 69)

Rank in course/Men: 18 (of 52)

Best time in course: 35:32

Rank in category: 2(of 9)

Best time in the category: 46:07