



1.Lauf - Winterlaufserie 2016 des Eisenacher LV
Creuzburg / 31.01.2016

Detailed evaluation

Kurtz, Ralf

Club: Erfurt
Number: 415

Course: 11.30 km
Langdistanz

Category:
Senioren M50 (50-54 Jahre)

Total time: 52:09

Speed: 12.66 km/h
Running performance: 4:37 min/km

Rank in course/Total: 30 (of 69)

Rank in course/Men: 27 (of 52)

Best time in course: 35:32

Rank in category: 4(of 9)

Best time in the category: 46:07