



1.Lauf - Winterlaufserie 2016 des Eisenacher LV  
Creuzburg / 31.01.2016

Detailed evaluation

**Metzing, Aline**

Club: SV Mihla  
Number: 400

Course: 11.30 km  
Langdistanz

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 54:04

Speed: 12.21 km/h  
Running performance: 4:47 min/km

Rank in course/Total: 37 (of 69)

Rank in course/Women: 5 (of 17)

Best time in course: 46:13

Rank in category: 2(of 3)

Best time in the category: 53:16