



1.Lauf - Winterlaufserie 2016 des Eisenacher LV
Creuzburg / 31.01.2016

Detailed evaluation

Patzenhauer, Holger

Club: SV Blau Weiß 90 Creuzburg
Number: 419

Course: 11.30 km
Langdistanz

Category:
Senioren M50 (50-54 Jahre)

Total time: 56:18

Speed: 11.72 km/h
Running performance: 4:59 min/km

Rank in course/Total: 44 (of 69)

Rank in course/Men: 38 (of 52)

Best time in course: 35:32

Rank in category: 6(of 9)

Best time in the category: 46:07