



1.Lauf - Winterlaufserie 2016 des Eisenacher LV  
Creuzburg / 31.01.2016

Detailed evaluation

Käppler, Gerd

Club: SV Normania Treffurt  
Number: 431

Course: 11.30 km  
Langdistanz

Category:  
Senioren M55 (55-59 Jahre)

Total time: 58:23

Speed: 11.30 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 49 (of 69)

Rank in course/Men: 41 (of 52)

Best time in course: 35:32

Rank in category: 4(of 5)

Best time in the category: 50:24