



2.Lauf - Winterlaufserie 2016 des Eisenacher LV
Creuzburg / 28.02.2016

Detailed evaluation

Lorenz, Frank

Club: Sole Runners
Number: 497

Course: 11.30 km
Langdistanz

Category:
Senioren M45 (45-49 Jahre)

Total time: 56:22

Speed: 11.71 km/h
Running performance: 4:59 min/km

Rank in course/Total: 51 (of 74)

Rank in course/Men: 47 (of 61)

Best time in course: 37:09

Rank in category: 10(of 11)

Best time in the category: 47:08