



2.Lauf - Winterlaufserie 2016 des Eisenacher LV  
Creuzburg / 28.02.2016

Detailed evaluation

Rikirsch, Roland

Club: SV Blau Weiß 90 Creuzburg  
Number: 474

Course: 11.30 km  
Langdistanz

Category:  
Senioren M70 (70-74 Jahre)

Total time: 1:00:30

Speed: 10.91 km/h  
Running performance: 5:21 min/km

Rank in course/Total: 63 (of 74)

Rank in course/Men: 55 (of 61)

Best time in course: 37:09

Rank in category: 1(of 1)

Best time in the category: 1:00:30