



2.Lauf - Winterlaufserie 2016 des Eisenacher LV
Creuzburg / 28.02.2016

Detailed evaluation

Gasterstedt, Ralf

Club: Unkeroda

Number: 331

Course: 5.50 km

Kurzdistanz

Category:

Senioren M50 (50-54 Jahre)

Total time: 29:01

Speed: 10.34 km/h

Running performance: 5:17 min/km

Rank in course/Total: 24 (of 51)

Rank in course/Men: 17 (of 29)

Best time in course: 20:08

Rank in category: 2(of 2)

Best time in the category: 22:01