



2.Lauf - Winterlaufserie 2016 des Eisenacher LV  
Creuzburg / 28.02.2016

Detailed evaluation

Quasniczka, Kerstin

Club: BSG Wartburg Sparkasse  
Number: 316

Course: 5.50 km  
Kurzdistanz

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 29:38

Speed: 10.12 km/h  
Running performance: 5:23 min/km

Rank in course/Total: 28 (of 51)  
Rank in course/Women: 11 (of 22)  
Best time in course: 26:07

Rank in category: 1(of 2)  
Best time in the category: 29:38