



2.Lauf - Winterlaufserie 2016 des Eisenacher LV  
Creuzburg / 28.02.2016

Detailed evaluation

**Siemon, Thomas**

Club: SV Blau Weiß 90 Creuzburg  
Number: 473

Course: 11.30 km  
Langdistanz

Category:  
Senioren M50 (50-54 Jahre)

Total time: 45:11

Speed: 14.61 km/h  
Running performance: 4:00 min/km

Rank in course/Total: 12 (of 74)

Rank in course/Men: 11 (of 61)

Best time in course: 37:09

Rank in category: 1(of 5)

Best time in the category: 45:11