



2.Lauf - Winterlaufserie 2016 des Eisenacher LV  
Creuzburg / 28.02.2016

Detailed evaluation

Rosenbaum, Ralf

Club: Sättelstädt  
Number: 505

Course: 11.30 km  
Langdistanz

Category:  
Senioren M45 (45-49 Jahre)

Total time: 47:08

Speed: 14.00 km/h  
Running performance: 4:10 min/km

Rank in course/Total: 15 (of 74)

Rank in course/Men: 15 (of 61)

Best time in course: 37:09

Rank in category: 1(of 11)

Best time in the category: 47:08