



3.Lauf - Winterlaufserie 2016 des Eisenacher LV  
Creuzburg / 20.03.2016

Detailed evaluation

Ruchti, Susanne

Club: Göthling Autohaus  
Number: 557

Course: 11.30 km  
Langdistanz

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:17:31

Speed: 8.51 km/h  
Running performance: 6:52 min/km

Rank in course/Total: 54 (of 54)  
Rank in course/Women: 14 (of 14)  
Best time in course: 54:02

Rank in category: 2(of 2)  
Best time in the category: 58:48