



3.Lauf - Winterlaufserie 2016 des Eisenacher LV  
Creuzburg / 20.03.2016

Detailed evaluation

Lechler, Jens-Uwe

Club: SV 90 Eisenach  
Number: 356

Course: 5.50 km  
Kurzdistanz

Category:  
Senioren M45 (45-49 Jahre)

Total time: 27:45

Speed: 10.81 km/h  
Running performance: 5:03 min/km

Rank in course/Total: 25 (of 51)

Rank in course/Men: 19 (of 32)

Best time in course: 19:37

Rank in category: 3(of 5)

Best time in the category: 20:13