



3.Lauf - Winterlaufserie 2016 des Eisenacher LV  
Creuzburg / 20.03.2016

Detailed evaluation

Winter, Torsten

Club: SV Ichttershausen  
Number: 349

Course: 5.50 km  
Kurzdistanz

Category:  
Senioren M40 (40-44 Jahre)

Total time: 21:40

Speed: 13.85 km/h  
Running performance: 3:56 min/km

Rank in course/Total: 3 (of 51)

Rank in course/Men: 3 (of 32)

Best time in course: 19:37

Rank in category: 1(of 4)

Best time in the category: 21:40