



3.Lauf - Winterlaufserie 2016 des Eisenacher LV
Creuzburg / 20.03.2016

Detailed evaluation

Quasniczka, Kerstin

Club: BSG Wartburg Sparkasse
Number: 368

Course: 5.50 km
Kurzdistanz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 29:13

Speed: 10.27 km/h
Running performance: 5:19 min/km

Rank in course/Total: 32 (of 51)
Rank in course/Women: 9 (of 19)
Best time in course: 24:59

Rank in category: 2(of 2)
Best time in the category: 24:59