



3.Lauf - Winterlaufserie 2016 des Eisenacher LV  
Creuzburg / 20.03.2016

Detailed evaluation

Schlieffe, Sibylle

Club: SV Mihla  
Number: 381

Course: 5.50 km  
Kurzdistanz

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 30:43

Speed: 9.77 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 42 (of 51)  
Rank in course/Women: 15 (of 19)  
Best time in course: 24:59

Rank in category: 1(of 1)  
Best time in the category: 30:43