



3.Lauf - Winterlaufserie 2016 des Eisenacher LV  
Creuzburg / 20.03.2016

Detailed evaluation

Gössel, Tino

Club: WSC 1907 Ruhla  
Number: 367

Course: 5.50 km  
Kurzdistanz

Category:  
Senioren M45 (45-49 Jahre)

Total time: 34:23

Speed: 8.73 km/h  
Running performance: 6:15 min/km

Rank in course/Total: 46 (of 51)

Rank in course/Men: 30 (of 32)

Best time in course: 19:37

Rank in category: 5(of 5)

Best time in the category: 20:13