



3.Lauf - Winterlaufserie 2016 des Eisenacher LV  
Creuzburg / 20.03.2016

Detailed evaluation

**Eck, Mathias**

Club: Schmalkalden  
Number: 315

Course: 11.30 km  
Langdistanz

Category:  
Senioren M30 (30-34 Jahre)

Total time: 44:45

Speed: 14.75 km/h  
Running performance: 3:58 min/km

Rank in course/Total: 6 (of 54)

Rank in course/Men: 6 (of 40)

Best time in course: 41:21

Rank in category: 1(of 2)

Best time in the category: 44:45