



3.Lauf - Winterlaufserie 2016 des Eisenacher LV
Creuzburg / 20.03.2016

Detailed evaluation

Jäger, Heinz-Peter

Club: Triathlon Eisenach
Number: 531

Course: 11.30 km
Langdistanz

Category:
Senioren M45 (45-49 Jahre)

Total time: 50:45

Speed: 13.00 km/h
Running performance: 4:29 min/km

Rank in course/Total: 17 (of 54)

Rank in course/Men: 17 (of 40)

Best time in course: 41:21

Rank in category: 5(of 7)

Best time in the category: 46:43