



3.Lauf - Winterlaufserie 2016 des Eisenacher LV
Creuzburg / 20.03.2016

Detailed evaluation

Höch, Matthias

Club: Team Göthling
Number: 378

Course: 5.50 km
Kurzdistanz

Category:
Senioren M40 (40-44 Jahre)

Total time: 24:19

Speed: 12.34 km/h
Running performance: 4:25 min/km

Rank in course/Total: 7 (of 51)

Rank in course/Men: 7 (of 32)

Best time in course: 19:37

Rank in category: 3(of 4)

Best time in the category: 21:40