



3.Lauf - Winterlaufserie 2016 des Eisenacher LV
Creuzburg / 20.03.2016

Detailed evaluation

Schmidt, Knut

Club: Bärfelser Säcke
Number: 524

Course: 11.30 km
Langdistanz

Category:
Senioren M40 (40-44 Jahre)

Total time: 51:44

Speed: 12.76 km/h
Running performance: 4:35 min/km

Rank in course/Total: 19 (of 54)

Rank in course/Men: 19 (of 40)

Best time in course: 41:21

Rank in category: 4(of 11)

Best time in the category: 41:21