



3.Lauf - Winterlaufserie 2016 des Eisenacher LV
Creuzburg / 20.03.2016

Detailed evaluation

Kurtz, Ralf

Club: Erfurt
Number: 536

Course: 11.30 km
Langdistanz

Category:
Senioren M50 (50-54 Jahre)

Total time: 52:37

Speed: 12.89 km/h
Running performance: 4:40 min/km

Rank in course/Total: 23 (of 54)
Rank in course/Men: 23 (of 40)
Best time in course: 41:21

Rank in category: 2(of 3)
Best time in the category: 45:07