



3.Lauf - Winterlaufserie 2016 des Eisenacher LV
Creuzburg / 20.03.2016

Detailed evaluation

Henning, Jürgen

Club: Spvgg Faulungen
Number: 562

Course: 11.30 km
Langdistanz

Category:
Senioren M55 (55-59 Jahre)

Total time: 54:13

Speed: 12.17 km/h
Running performance: 4:48 min/km

Rank in course/Total: 27 (of 54)

Rank in course/Men: 26 (of 40)

Best time in course: 41:21

Rank in category: 2(of 3)

Best time in the category: 49:23