



3.Lauf - Winterlaufserie 2016 des Eisenacher LV
Creuzburg / 20.03.2016

Detailed evaluation

Niemuth, Bastian

Club: Team Göthling
Number: 558

Course: 11.30 km
Langdistanz

Category:
Senioren M40 (40-44 Jahre)

Total time: 54:23

Speed: 12.14 km/h
Running performance: 4:49 min/km

Rank in course/Total: 30 (of 54)

Rank in course/Men: 29 (of 40)

Best time in course: 41:21

Rank in category: 8(of 11)

Best time in the category: 41:21