



3.Lauf - Winterlaufserie 2016 des Eisenacher LV
Creuzburg / 20.03.2016

Detailed evaluation

Eckert, Olaf

Club: VV Werratal
Number: 316

Course: 11.30 km
Langdistanz

Category:
Senioren M45 (45-49 Jahre)

Total time: 58:15

Speed: 11.33 km/h
Running performance: 5:09 min/km

Rank in course/Total: 39 (of 54)

Rank in course/Men: 34 (of 40)

Best time in course: 41:21

Rank in category: 7(of 7)

Best time in the category: 46:43