



3.Lauf - Winterlaufserie 2016 des Eisenacher LV
Creuzburg / 20.03.2016

Detailed evaluation

Rikirsch, Roland

Club: SV Blau Weiß 90 Creuzburg
Number: 533

Course: 11.30 km
Langdistanz

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:00:15

Speed: 10.95 km/h
Running performance: 5:20 min/km

Rank in course/Total: 44 (of 54)

Rank in course/Men: 37 (of 40)

Best time in course: 41:21

Rank in category: 1(of 1)

Best time in the category: 1:00:15